Packing the school bag

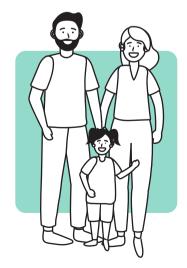
Help your child develop the habit of packing their school bag to prepare for activities the next day.



You may start by asking them to practise packing for family outings.

- Ask them if they have everything they need for their activities the next day.
- Walk them through the process the first few times to show them how it is done.





- Once you feel they are ready to try it themselves, let them try.
- Check in with them every day, then gradually let them pack on their own.

Packing the school bag



Guide your child with simple questions when packing their bag.

"What are some items you will need?"

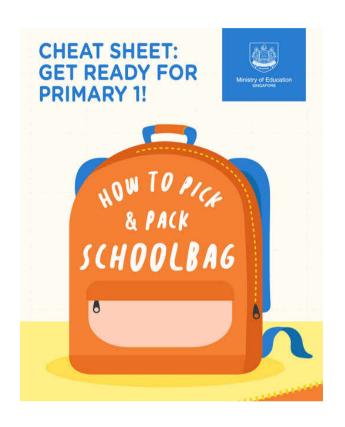
"What lessons do you have tomorrow? What books do you need for these lessons?"

I will need my pencil case, school diary, hand sanitiser, water bottle...

Tomorrow I have English lessons, I should bring my exercise book...



Packing the school bag



Learn more about how to guide your child to pack their bag and prepare for school.



For more resources, access them via Parenting Resources under the Services tab in Parents Gateway.



